

YOUR CHANNEL CHOICE

THE FREESAT CHANNEL GUIDE



ENTERTAINMENT



101 BBC One	24 Hours	124 More4	09:00-04:00
102 BBC Two	24 Hours	125 More4+1	10:00-05:00
103 ITV London*	24 Hours	126 C4 HD	24 Hours
104 C4/S4C in Wales	24 Hours	127 4 Seven	24 Hours
105 Channel 5	24 Hours	128 Channel 5+1	24 Hours
106 BBC Three	19:00-04:00	129 5USA	24 Hours
107 BBC Four	19:00-04:00	130 5USA+1	24 Hours
108 BBC ONE HD	24 Hours	131 5*	24 Hours
109 BBC Two HD	24 Hours	132 5*+1	24 Hours
110 BBC Alba	24 Hours	134 CBS Drama	24 Hours
112 ITV+1	24 Hours	135 CBS Reality	24 Hours
113 ITV2	24 Hours	136 CBS Reality+ 1	24 Hours
114 ITV2+1	24 Hours	137 CBS Action	24 Hours
115 ITV3	24 Hours	138 horror channel	24 Hours
116 ITV3+1	24 Hours	139 horror channel +1	24 Hours
117 ITV4	24 Hours	140 BET	24 Hours
118 ITV4 +1	10:25-07:00	141 BET+1	24 Hours
119 ITV HD	24 Hours	142 True Entertainment	24 Hours
120 S4C Digidol	07:00-end*	143 More>Movies	24 Hours
121 C4+1	24 Hours	144 Pick TV	24 Hours
122 E4	24 Hours	145 Challenge	24 Hours
123 E4+1	24 Hours	146 VIVA	24 Hours

*transmission times may vary

SEPTEMBER 2013
FREESAT.CO.UK

NEWS & SPORT



200 BBC News	24 Hours
201 BBC Parliament	24 Hours
202 Sky News	24 Hours
203 Al-Jazeera English	24 Hours
204 Euronews	24 Hours
205 France 24	24 Hours

206 RT/RT HD	24 Hours
207 CNN	24 Hours
208 Bloomberg TV	24 Hours
209 NHK World HD	24 Hours
210 CNBC	24 Hours
211 CCTV-NEWS	24 Hours

MOVIES



300 FilmFour	15:00-03:00
301 FilmFour+1	24 Hours
302 True Movies 1	24 Hours

303 True Movies 2	24 Hours
304 Movies4Men	24 Hours
305 Movies4Men+1	24 Hours

LIFESTYLE



400 Showcase	24 Hours
401 Information TV	24 Hours
402 Showcase 2	24 Hours
403 Food Network	24 Hours

404 Food Network +1	24 Hours
405 The Travel Channel	24 Hours
408 The Active Channel	24 Hours
409 Holiday & Cruise	06:00-22:00

MUSIC



500 Chartshow TV	24 Hours
501 The Vault (501)	24 Hours
502 Flava	24 Hours
503 Chartshow Dance	24 Hours
504 B4U Music	24 Hours

505 BuzMuzik	24 Hours
506 Bliss	24 Hours
509 Zing	24 Hours
510 Clubland TV	24 Hours

Continued...

MUSIC (CONTINUED)



511 Planet Pop	24 Hours	519 The Box	24 Hours
515 Vintage TV	24 Hours	520 Heat	24 Hours
516 Heart TV	24 Hours	521 SmashHits	24 Hours
517 Capital	24 Hours	523 Magic	24 Hours
518 Kiss	24 Hours	524 Kerrang!	24 Hours

CHILDREN'S



600 CBBC	07:00-19:00	604 PopGirl	06:00-23:30
601 CBeebies	06:00-19:00	605 Tiny POP	24 Hours
602 CITV	06:00-18:00	606 Kix!	06:00-23:30
603 POP	24 Hours		

SPECIAL INTEREST



652 Psychic Today	24 Hours	693 Islam Channel	24 Hours
660 Sony SAB	24 Hours	694 GOD Channel	24 Hours
690 Inspiration	24 Hours	695 Sonlife	24 Hours
691 Daystar	24 Hours	696 TBN Europe	24 Hours
692 Revelation	24 Hours		

RADIO



700 BBC Radio 1		705 BBC Radio Five Live	
701 BBC Radio 1Xtra		706 BBC Radio Five Live Sports Extra	
702 BBC Radio 2		707 BBC Radio 6 Music	
703 BBC Radio 3		708 BBC Radio 4 Extra	
704 BBC Radio 4 FM			Continued...

RADIO (CONTINUED)



709 BBC Asian Network

710 BBC Radio 4 LW

711 BBC World Service

712 BBC Radio Scotland

713 BBC Radio nan Gaidheal

714 BBC Radio Wales

715 BBC Radio Cymru

716 BBC Radio Ulster

718 BBC London 94.9

719 Capital FM

720 Choice FM

721 Classic FM

722 Gold

723 Xfm

724 Absolute Radio

726 Absolute 80s

729 Jazz FM

730 Planet Rock

731 talkSPORT

732 Smooth Radio

733 Heart

734 LBC 97.3

750 RTE Radio 1

751 RTE 2FM

752 RTE Lyric FM

753 RTE na Gaeltachta

777 Insight Radio

786 BFBS Radio

790 Trans World Radio

SHOPPING



800 QVC 24 Hours

801 Price Drop TV 24 Hours

802 Bid TV 24 Hours

803 Tristar 24 Hours

805 Gems TV 24 Hours

806 TV Shop 24 Hours

807 JewelleryMaker 24 Hours

808 JML Direct 24 Hours

809 JML Living 24 Hours

810 Ideal Extra 24 Hours

811 The Deal Channel 24 Hours

812 Ideal World 24 Hours

813 Create & Craft 24 Hours

814 QVC Extra 24 Hours

815 The Jewellery Channel 24 Hours

816 QVC Beauty 24 Hours

817 Rocks & Co1 24 Hours

818 QVC Style 24 Hours

820 Thane Direct 24 Hours

821 High Street TV 24 Hours

*transmission times may vary

SEPTEMBER 2013
FREESAT.CO.UK

ADULT



870 Babestation

24 Hours

875 Playboy TV

24 Hours

REGIONAL



BBC ONE ACCESSED AT 101

950 BBC One London

951 BBC One Channel Islands

952 BBC One East Midlands

953 BBC One East (East)

954 BBC One East (West)

955 BBC One North West

956 BBC One N.East & Cumbria

957 BBC One Northern Ireland

958 BBC One Oxford

959 BBC One South East

960 BBC One Scotland

961 BBC One South

962 BBC One South West

963 BBC One West Midlands

964 BBC One Wales

965 BBC One West

966 BBC One Yorks

967 BBC One Yorks & Lincs

BBC ONE HD ACCESSED AT 108

BBC One NI HD

BBC One Scotland HD

BBC One Wales HD

BBC TWO ACCESSED AT 102

968 BBC Two England

969 BBC Two Northern Ireland

970 BBC Two Scotland

971 BBC Two Wales

ITV REGIONS

ITV London

ITV Border

ITV Wales

ITV Meridian South

ITV Meridian South East

ITV Granada

ITV Tyne Tees

ITV Yorkshire West

ITV Anglia East

ITV West

ITV West Country

ITV Central South

ITV Central East

ITV Central West

ITV HD (South)

ITV HD (North)

STV Scottish East

STV Scottish West

STV Grampian

UTV (Ulster)

Channel TV selected HD programmes available via the red button

ITV +1 Anglia

ITV +1 Central

ITV +1 Granada Border

ITV +1 Meridian

ITV +1 Tyne Tees

ITV +1 West Country

ITV +1 Wales

ITV +1 West

CHANNEL 4 ACCESSED AT 104

C4 North

C4 South

C4 Scotland

C4 Midlands

C4 Ulster

CHANNEL 4+1 ACCESSED AT 121

C4+1 North

C4+1 South

C4+1 Scotland

C4+1 Midlands

C4+1 Ulster

CHANNEL 5 ACCESSED AT 105

Channel 5 London

Channel 5 North

Channel 5 N Ireland

Channel 5 Scotland

AUDIO DESCRIPTION

972 BBC One HD

977 ITV London

974 C4 London

975 C4+1 London

ON DEMAND



901 BBC iPlayer

903 ITV Player On selected set top boxes and televisions.

999 Freesat Information

Red Button BBCi Interactivity from all BBC channels

Via On Demand menu on freetime boxes

BBC iPlayer

ITV Player

Demand 5

4oD

YouTube

HOW TO GET ON DEMAND TV



To get On Demand TV on Freesat you'll need to connect your Freesat HD or Freesat+ HD box to your home broadband.

You can do this with an Ethernet cable or by using Homeplug Adapters.

On Demand TV is available on selected Freesat boxes and TVs (check freesat.co.uk for details). You will need a minimum broadband speed of 2 Mbps. For more information about accessing On Demand services through a broadband connection, please visit the Freesat Information Service on channel **999** or go to freesat.co.uk

STAY UP TO DATE



This channel guide was published on 14th January 2013, but we're adding channels all the time.

So for a bang up to date list of what's on Freesat please check our website freesat.co.uk/what-you-get/our-channels

TALKING CHANNEL LIST



If you wish to hear a recording of Freesat's channels and services you can call our freephone number **0800 652 0643.**

You can hear the channels listed by genre, along with their channel numbers. You can also choose to hear a list of channels that carry audio description.